

# Options for Pregnancy

## If you have a positive pregnancy test...

You might feel very excited about having a baby...you might feel worried or uncertain, but know that you will make this pregnancy work somehow...or you might feel like being pregnant is the worst thing that could happen to you right now.

Having a positive pregnancy test means making some important decisions. If you are pregnant, you have three choices:

- You can choose to have a baby and raise the child.
- You can choose to have a baby and place the child up for adoption.
- You can choose to end the pregnancy.

Some women know exactly how they feel and exactly what they want to do right away...and other women don't. Only *you* can decide which choice is right for you. But it is okay to ask for information and support that will help you make this decision. You can talk with your partner, someone in your family, or a trusted friend – anyone who you think is supportive. You can also ask your health care provider for information or speak with a counselor.

These community resources for pregnancy options counseling, adoption, pregnancy termination, and other services may be helpful.

## Counseling Services

### **Crisis and Information Center . . . . . 1-800-221-0446 (24-hours)**

Counseling, support, and referrals for women in emotional crisis due to pregnancy, mental health issues, and alcohol and substance abuse.

### **Family and Children First . . . . . (502) 893-3900**

Offers counseling for individuals and families, a new parent support program, and other services. Fees are based on ability to pay.

Location: 2303 River Rd. Suite 200 Louisville, KY 40206

Website: [www.familyandchildrenfirst.org](http://www.familyandchildrenfirst.org)

### **Kentucky Religious Coalition for Reproductive Choice . . . . . 1-866-606-0988**

All-options counseling for pregnant women.

Website: [www.krccrc.org](http://www.krccrc.org)

### **Seven Counties Services, Inc. ACCESS . . . . . (502) 589-1100**

Appointments for various individual counseling and support programs are available. Fees are based on ability to pay.

Website: [www.sevencounties.org](http://www.sevencounties.org)

## *Pregnancy Termination*

### **EMW Women's Surgical Center . . . . . (502) 589-2124**

Abortion services are available.

Location: 136–138 W. Market St. Louisville, KY 40202

### **Planned Parenthood of Cincinnati . . . . . (513) 287-6488**

Abortion services are available to women from Kentucky.

Location: 2314 Auburn Ave. Cincinnati, OH 45219

Website: [www.plannedparenthood.org/swoh/](http://www.plannedparenthood.org/swoh/)

### **Pregnancy Options . . . . . 1-800-432-3627**

Abortion services are available.

Location: 1725 Harrodsburg Rd. Suite 139 Lexington, KY 40504

### **National Abortion Federation Hotline . . . . . 1-800-772-9100**

Provides information about parenting, adoption, and abortion, and referrals to local resources.

#### Additional Information

According to Kentucky and Ohio state laws, women must wait 24 hours after receiving state-mandated information from an abortion provider before they can terminate a pregnancy. Also, minors (under age 18) must have permission from one parent or a judge to receive services.

A post-abortion check-up is very important to your health and should be planned for two to three weeks after the abortion.

If you would like to start birth control to prevent additional unwanted pregnancies, make an appointment at Family Health Centers to get a Pap smear, be tested for sexually transmitted diseases, and learn about your options for birth control.

## *Adoption Services*

### **Adoption Bridges of Kentucky . . . . . 1-800-542-5245**

Coordinates adoptions and provides services for birth mothers.

Location: 401 W. Main St. Suite 1710 Louisville, KY 40202

Website: [www.adoptionbridgesofkentucky.org](http://www.adoptionbridgesofkentucky.org)

### **Childplace . . . . . (502) 363-1633**

Coordinates adoptions and provides services for birth mothers.

Location: 2420 Highway 62 Jeffersonville, IN 47130

### **St. Joseph Children's Home . . . . . (502) 893-0241**

Coordinates adoptions and provides services for birth mothers.

Location: 2823 Frankfort Ave. Louisville, KY 40206

## *Other Resources*

### **Center for Women and Families . . . . . 1-877-803-7577 (24-hours)**

Offers comprehensive services for women in abusive relationships, including emergency shelter, transitional housing, counseling, support groups, and legal advocacy.

Location: 927 S. 2nd St. Louisville, KY 40201

Website: [www.thecenteronline.org](http://www.thecenteronline.org)

### **Jefferson County Public Schools Teenage Parent Program (TAPP)**

**Westport . . . . . (502) 485-8347**

**South Park . . . . . (502) 485-8748**

The TAPP program is designed to prevent teens from dropping out of school due to teen pregnancy and parenting. The program is available for middle and high school pregnant and parenting students residing in the Louisville/Jefferson County area. The program includes academics, health and medical information, social services, child care, and employment and career resources.

Locations: 8800 Westport Rd. Louisville, KY 40242 (Westport)

1010 Neighborhood Pl. Fairdale, KY 40118 (South Park)

### **Legal Aid Society . . . . . 1-800-292-1862**

Offers a wide range of legal services for individuals and non-profit community-based organizations. Offers legal representation in civil cases for individuals and groups who meet poverty guidelines.



## **Family Health Centers PRENATAL CARE**

**Portland**  
774-8631

**East Broadway**  
583-1981

**Fairdale**  
361-2381

**Iroquois**  
366-4747