

## What are Community Health Centers?

Community, Migrant, and Homeless Health Centers are **non-profit, community-directed providers** that remove common barriers to care by serving communities who otherwise confront financial, geographic, language, cultural and other barriers. Also known as Federally-Qualified Health Centers (FQHCs), they:

- are **located in high-need areas** identified as having elevated poverty, higher than average infant mortality, and where few physicians practice;
- are **open to all residents**, regardless of insurance status or ability to pay;
- **tailor services** to fit the special needs and priorities of their communities, and provide services in a linguistically and culturally appropriate manner;
- provide **comprehensive primary and other health care services**, including services that help their patients access care, such as transportation, translation, and case management;
- **provide high quality care**, reducing health disparities and improving patient outcomes;<sup>1</sup> and
- are **cost effective**, reducing costly emergency, hospital, and specialty care, and **saving the health care system \$24 billion a year nationally**.<sup>2</sup>

## Kentucky Federally-Supported Health Centers, 2008

Number of Organizations	18
Number of Delivery Sites	94
Total Patients	243,438
Number Migrant/Seasonal Farmworker Patients	1,548
Number Homeless Patients	13,180

	Health Center Population	State Population <sup>3</sup>	US Population <sup>3</sup>
Percent <b>at or Below 100% of Poverty</b>	60%	22%	17%
Percent <b>Under 200% of Poverty</b>	84%	42%	32%
Percent <b>Uninsured</b>	38%	15%	15%
Percent <b>Medicaid</b>	29%	16%	14%
Percent <b>Medicare</b>	11%	14%	12%
Percent <b>Hispanic/Latino</b>	7%	2%	15%
Percent <b>African American</b>	16%	8%	13%
Percent <b>Asian/Pacific Islander</b>	1%	1%	5%
Percent <b>American Indian/Alaska Native</b>	0%	0%	1%
Percent <b>White</b>	72%	90%	80%
Percent <b>Rural</b>	47%	50%	16%

Race/Ethnicity may not sum to 100% due to rounding and non-inclusion of two or more races. 0% may indicate <0.5%. Rural data from 2007.

## Percent of Vulnerable Kentucky Residents Served by Federally-Supported Health Centers<sup>4</sup>

Percent of <b>Low Income, Uninsured</b> , 2008	20%
Percent of <b>Medicaid Beneficiaries</b> , 2006	7%
Percent of <b>Population at or Below 100% of Poverty</b> , 2008	16%

## Economic Benefits of Federally-Supported Health Centers

Wasted Expenditures on <b>Avoidable Emergency Department Visits</b> , 2006 <sup>5</sup>	\$353,798,163
<b>Economic Benefits Generated</b> for Local Communities, 2006 <sup>6</sup>	\$145,069,297

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Data for federally-funded health centers only and may therefore underreport the true volume of care. See note below.

## Health Center Staff and Related Patient Visits

	FTE*	Patient Visits
Primary Care Physicians	114.3	501,707
NPs/PAs/CNMs	71.5	224,202
Nurses	167.0	73,706
Dentists	19.1	49,723
Dental Hygienists	12.8	14,641
Behavioral Health Specialists <sup>#</sup>	9.7	9,464
Pharmacy	60.1	N/A
Total Enabling Services <sup>†</sup>	77.4	49,454
Other Staff	836.8	N/A
<b>Total</b>	<b>1,368.7</b>	<b>932,704</b>

\* Full-time equivalent.

<sup>#</sup> Includes psychiatrists, psychologists, and licensed or credentialed behavioral health providers.

<sup>†</sup> Includes outreach workers, health educators, case managers, translators, transportation, eligibility assistance workers, and child care workers. Not all staff have related patient visits.

## Patient Visits and Patients by Selected Primary Diagnoses and Services

	Patient Visits	Patients
<i>Medical Conditions</i>		
Hypertension	67,778	32,539
Diabetes mellitus	48,388	18,030
Heart Disease (Selected)	12,300	5,421
Asthma	8,424	5,191
Depression & Other Mood Disorders	12,662	8,194
All Mental Health & Substance Abuse	35,142	N/A
<i>Preventive Services</i>		
Health Supervision Ages 0-11*	37,998	23,609
Selected Immunizations <sup>#</sup>	55,110	39,451
Oral Dental Exams	25,508	21,183
Pap Test	26,105	25,092
Mammogram	5,588	5,407
HIV Test	4,436	3,846

\* Well child visits. <sup>#</sup> Includes DPT, MMR, polio, influenza, hepatitis A & B, HiB, etc.

## Health Centers Providing Select Services Onsite\*

<i>Professional Services</i>	
General Primary Medical Care	100%
Prenatal Care	53%
Preventive Dental Care	59%
Mental Health Treatment/Counseling	59%
Substance Abuse Treatment & Counseling	35%
Hearing Screening	82%
Vision Screening	94%
Pharmacy	41%
<i>Preventive Services</i>	
Smoking Cessation Program	59%
HIV Testing And Counseling	82%
Glycosylated Hemoglobin Measurement, Diabetes	82%
Blood Pressure Monitoring	94%
Blood Cholesterol Screening	76%
Weight Reduction Program	59%
<i>Enabling Services</i>	
Case Management	82%
Eligibility Assistance	88%
Health Education	100%
Interpretation/Translation Services	65%
Transportation	35%
Out stationed Eligibility Workers	12%

\* "Onsite" includes services rendered by employees, contracted providers, volunteers and others who render services in the health center's name. Health centers may also provide services through formal referral arrangements. Data based on 2007 UDS.

## Health Center Costs of Care

<i>Average Cost per Patient</i>	
Medical Costs per Medical Patient*	\$354
Dental Costs per Dental Patient	\$285
Total Cost per Total Patient <sup>#</sup>	\$511
<i>Average Cost per Patient Visit</i>	
Medical Cost per Medical Patient Visit	\$111
Dental Costs per Dental Patient Visit	\$140

\* Excludes lab and x-ray as in previous years.

<sup>#</sup> Includes the total cost of all services over total users.

### Sources and Notes

Unless otherwise specified, this fact sheet is based on Bureau of Primary Health Care, HRSA, DHHS, 2008 Uniform Data System (UDS). It includes data from Federally-Qualified Health Centers (FQHCs) that receive federal health center grants and are therefore required to report administrative, clinical and other information. Data do not account for a category of FQHCs that does not receive these funds, known as FQHC Look-Alikes. There are approximately 100 FQHC Look-Alikes across the United States. Consequently, data reflected in this fact sheet may underreport the true volume of care delivered by health centers.

<sup>1</sup> See Summaries of Literature on Health Centers, Quality of Care, [www.nachc.com/research](http://www.nachc.com/research).

<sup>2</sup> GWU, *Using Primary Care to Bend the Curve: Estimating the Impact of a Health Center Expansion on Health Care Costs*, September 2009, [www.gwhealthpolicy.org](http://www.gwhealthpolicy.org).

<sup>3</sup> Kaiser Family Foundation, State Health Facts Online, [www.statehealthfacts.org](http://www.statehealthfacts.org). U.S. Census Bureau, Table 4: Annual Estimates of the Population by Race Alone and Hispanic or Latino Origin for the United States and States: July 2008. Released May 2009. [www.census.gov/popest/states/](http://www.census.gov/popest/states/).

<sup>4</sup> Compares health center UDS data to state population data, respectively. State population data come from Kaiser Family Foundation, State Health Facts Online. [www.statehealthfacts.kff.org](http://www.statehealthfacts.kff.org).

<sup>5</sup> NACHC and Association of Community Affiliated Plans, *The Impact of Health Centers and Community-Affiliated Health Plans on Emergency Department Use*, April 2007, [www.nachc.com/research](http://www.nachc.com/research).

<sup>6</sup> NACHC, Robert Graham Center, and Capital Link, *Access Granted*, August 2007, [www.nachc.com/research](http://www.nachc.com/research).

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