

Options for Pregnancy

If you have a positive pregnancy test...

You might feel very excited about having a baby...you might feel scared or uncertain, but know that you will make this pregnancy work somehow...or you might feel like being pregnant is the worst thing that could happen to you right now.

Having a positive pregnancy test means making some important decisions. If you are pregnant, you have three choices:

- You can choose to continue the pregnancy and parent.
- You can choose to continue the pregnancy and make an adoption plan.
- You can choose to end the pregnancy.

Some women know exactly how they feel and exactly what they want to do right away...and other women don't. Only *you* can decide which choice is right for you. But it is okay to ask for information and support that will help you make this decision. You can talk with your partner, someone in your family, or a trusted friend – anyone who you think is supportive. You can also ask your health care provider for information or speak with a counselor.

These community resources for pregnancy options counseling, adoption, pregnancy termination, and other services may be helpful.

Counseling Services

Crisis and Information Center **1-800-221-0446 (24-hours)**

Counseling, support, and referrals for women in emotional crisis due to pregnancy, mental health issues, and alcohol and substance abuse.

Seven Counties Services, Inc. ACCESS **(502) 589-1100**

Appointments for various individual counseling and support programs. Fees are based on ability to pay.
www.sevencounties.org

Kentucky Religious Coalition for Reproductive Choice **1-866-606-0988**

Speak with a clergy person trained to provide all-options pregnancy counseling. www.krcrc.org

Adoption Services

Adoption Bridges of Kentucky **1-800-542-5245**

Coordinates adoptions and provides services for birth mothers. www.adoptionbridgesofkentucky.org
401 W. Main St. Suite 1710 Louisville, KY 40202

Childplace **(812) 282-8248**

Coordinates adoptions and provides services for birth mothers. www.childplace.org
2420 Highway 62 Jeffersonville, IN 47130

St. Joseph Children's Home **(502) 893-0241**

Coordinates adoptions and provides services for birth mothers. www.sjkids.org
2823 Frankfort Ave. Louisville, KY 40206

Pregnancy Termination

EMW Women's Surgical Center (502) 589-2124 or 1-800-292-2189

Abortion services. www.emwwomens.com

138 W. Market St. Louisville, KY 40202 and 161 Burt Rd. Lexington, KY 40503

Planned Parenthood of Southwest Ohio (513) 287-6488

Abortion services are available to women from Kentucky. www.plannedparenthood.org/swoh/

2314 Auburn Ave. Cincinnati, OH 45219

National Abortion Federation Hotline 1-800-772-9100

Provides information about parenting, adoption, abortion, and referrals to local resources.

Additional Information

According to Kentucky and Ohio state laws, women must wait 24 hours after receiving state-mandated information from an abortion provider before they can terminate a pregnancy. Also, minors (under age 18) must have permission from one parent or a judge to receive services.

A post-abortion check-up is very important to your health and should be planned for two to three weeks after the abortion. To prevent additional unwanted pregnancies, make an appointment to get a Pap smear, be tested for sexually transmitted diseases, and learn about your options for birth control.

Other Resources

Center for Women and Families 1-877-803-7577 (24-hours)

Offers comprehensive services for women in abusive relationships, including emergency shelter, transitional housing, counseling, support groups, and legal advocacy. www.thecenteronline.org

927 S. 2nd St. Louisville, KY 40201

Jefferson County Public Schools Teenage Parent Program (TAPP)

Westport – 8800 Westport Rd. Louisville, KY 40242 (502) 485-8347

South Park – 1010 Neighborhood Pl. Fairdale, KY 40118. (502) 485-8748

The TAPP program is designed to prevent middle and high school students from dropping out of school due to teen pregnancy and parenting. The program includes academics, health and medical information, social services, child care, and employment and career resources.

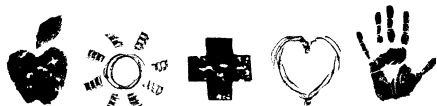
Legal Aid Society 1-800-292-1862

Offers a wide range of legal services for individuals and non-profit community-based organizations. Offers legal representation in civil cases for individuals and groups who meet poverty guidelines. www.laslou.org

Kentucky Paternity Acknowledgement Program 1-888-675-7425

Offers information and support for legal recognition of fathers.

If you decide to continue the pregnancy and parent, call Family Health Centers to make an appointment for prenatal care and to learn about prenatal programs and classes for pregnant women at our clinics and offered by other agencies in the community. Family Health Centers also offers comprehensive Family Planning care, including free and low-cost birth control.



Family Health Centers, Inc.

FAMILY PLANNING ■ PRENATAL CARE

Portland
774-8631

East Broadway
583-1981

Fairdale
361-2381

Iroquois
366-4747