

Keep your child safe in your car!

Car Seats



Kentucky law requires children under 40 inches tall to ride in a car seat with a 3-point or 5-point harness.

The type of car seat needed and how you should install it depends on your child's **age**, **weight**, and **height**. Infants under 1 year old **MUST** be rear-facing in an infant-only carrier or a convertible car seat. It is safest to keep your child rear-facing until they are 2 years old and weigh 30 lbs.* Children who are 3 or 4 years old should be in a forward-facing car seat with a harness until they outgrow the seat's weight and height limits. Follow all car seat instructions to use the car seat correctly.

Booster Seats



Kentucky law requires children over 40 inches tall to use a booster seat until they are 50 inches tall and 7 years old.

Keep your child in a forward-facing car seat with a harness until they outgrow the height and weight limits (usually at least 40 lbs.). Then your child will need a booster seat to safely use the regular adult seat belt. The type of booster seat needed depends on your child's **weight** and **height**. Follow all booster seat instructions to use the booster seat correctly.

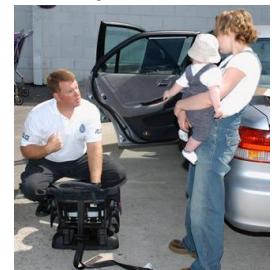
Child Passenger Safety Programs

Where can I get a car seat or booster seat?

- Buy a new car seat or booster seat.
- Use a second-hand car seat or booster seat.
 - ONLY use a second-hand seat if you know its history. DO NOT use seats that have been in a car crash or are more than 6 years old.
- **CAR SEAT:** Call Kristin at 772-8588 to find out if you are eligible to receive a car seat for \$15. Available to Family Health Center prenatal and pediatric patients only.
- **BOOSTER SEAT:** Call Kristin at 772-8588 (Family Health Centers) or Sharon at 629-7337 (Kosair Children's Hospital) to find out if you are eligible for a free booster seat.

How can I make sure my child's car seat or booster seat is installed correctly?

Car seats are complicated! Over 90% of child safety seats are not installed correctly, and even small mistakes can make your child less safe. If your child already has a car seat or booster seat, you can have it checked by a certified Child Passenger Safety Technician (CPST) to make sure it is installed correctly. This service is **FREE!** Call Kristin at 772-8588 (Family Health Centers) or Sharon at 629-7337 (Kosair Children's Hospital) to make an appointment.



To help your car seat check-up go smoothly:

- Call to schedule an appointment. Allow at least 30 minutes for your appointment. Let us know if you need to cancel or reschedule.
- Before coming to your appointment, install your child's safety seat by following the directions.
- For best possible evaluation, bring your child if possible.
- Child safety checks are offered as an educational opportunity, not an installation service.