

# Local Resources for Your Health

## FAMILY HEALTH CENTERS, INC.

- Medical clinics/labs
  - Portland (2215 Portland Ave.) . . . . . 774-8631
  - East Broadway (914 E. Broadway) . . . . . 583-1981
  - Iroquois (4100 Taylor Blvd.) . . . . . 366-4747
  - Fairdale (1000 Neighborhood Pl.) . . . . . 361-2381
  - Southwest (9702 Stonestreet Rd.) . . . . . 995-5051
  - Phoenix (712 E. Muhammad Ali Blvd.) . . . . . 568-6972
  - Americana (4805 Southside Dr.) . . . . . 772-8860
- Pharmacy . . . . . 772-8625
  - Location: FHC–Portland
  - Hours: Monday 9:00 AM to 8:00 PM; Tuesday to Friday 9:00 AM to 5:15 PM; Saturday 9:00 AM to 1:00 PM
- Radiology (X-ray) . . . . . 772-8145
  - Location: FHC–Portland
  - Hours: Monday to Friday 8:00 AM to 4:30 PM
- Behavioral Health Resource Center . . . . . 772-8370
  - *Consultations; referrals to local counseling, psychiatric, and alcohol/substance abuse services*
  - Location: FHC–Portland
  - Hours: Monday to Friday 8:00 AM to 4:30 PM
- Dental Clinic . . . . . 772-8160
  - Location: FHC–Portland
  - Hours: Monday to Friday 8:00 AM to 4:00 PM
- Health Education classes . . . . . 772-8588
  - *Diabetes, Car Seats, Prenatal, Stop Smoking & more*

## HEALTH INSURANCE PROGRAMS

- Medicaid . . . . . 595-4238
- KCHIP (children) . . . . . 1-877-524-4718
- Medicare (adults 65+) . . . . . 1-800-772-1213
  - *Apply in-person at Social Security, 2500 W. Broadway*
- Passport Health (member services) . . . . . 1-800-578-0603
  - *Provides Medicaid, KCHIP, and Medicare in Louisville*
- Kentucky Physicians Care (KPC) . . . . . 1-800-633-8100
  - *Prescription assistance program*

**For help signing up for Medicare Part D, KPC, and prescription assistance from drug manufacturers, call the Behavioral Health Resource Center: 772-8370.**

## LOUISVILLE METRO PUBLIC HEALTH & WELLNESS

- General information . . . . . 574-6520
- Women, Infants, and Children (WIC) . . . . . 574-6676
  - *Food vouchers, nutrition and breastfeeding education*
- Specialty Clinic . . . . . 574-6699
  - *Sexually transmitted disease (STD) and HIV testing*
- Tuberculosis (TB) Services . . . . . 574-6617
- Childhood Lead Poisoning Prevention . . . . . 574-6644
- Cooper Clayton Stop Smoking Classes . . . . . 574-7867
- Various health classes . . . . . 574-6663
  - *Exercise, Weight Control, Diabetes Management*

## MENTAL HEALTH

- Crisis and Information Center . . . . . 1-800-221-0446
  - *Counseling and referrals for mental health, suicide, and alcohol and substance abuse issues (24-hours)*
- Seven Counties Services . . . . . 589-1100
  - *Individual and family counseling*

## ALCOHOL AND SUBSTANCE ABUSE

- JADAC . . . . . 583-3951
  - *Treatment for alcohol and drug addiction*
- Alcoholics Anonymous . . . . . 582-1849
- Narcotics Anonymous . . . . . 499-4423
- Morton Center . . . . . 451-1221
  - *Services for people addicted to alcohol or other drugs*
- MORE Center . . . . . 574-6414
  - *Services for people addicted to narcotic drugs*
- The Healing Place . . . . . 585-4848
  - *Services for people addicted to alcohol*

## CHILDREN'S HEALTH

- JCPS Early Childhood Programs . . . . . 485-3919
  - *Head Start and Pre-Kindergarten (ages 3 and 4)*
- Down Syndrome of Louisville . . . . . 495-5088
- FIND (Family Info Network on Disabilities) . . . . . 584-1239
- First Steps . . . . . 459-0225
  - *For children age 0 to 3 with developmental disabilities*
- Weisskopf Child Evaluation Center . . . . . 852-5331
  - *Resources for ADHD, autism, and learning disabilities*
- Poison Control Center . . . . . 589-8222
- Child Protective Services (CPS) . . . . . 595-4550
- Community Coordinated Child Care . . . . . 636-1358
  - *Information about child care and assistance to families*

## TEEN HEALTH

- Teen Crisis Line . . . . . 589-8727
- YMCA Safe Place . . . . . 635-5233
- Ten Broeck – Teen Eating Disorders . . . . . 426-6380
- Emergency Contraception Hotline . . . . . 1-888-668-2528
- Gay and Lesbian Youth Hotline . . . . . 1-800-347-TEEN

## ADULT HEALTH

- Center for Women and Families . . . . . 1-877-803-7577
  - *Domestic violence and rape crisis services (24 hours)*
- American Cancer Society (KY) . . . . . 584-6782
- Norton Healthcare Cancer Screenings . . . . . 629-1234
  - *Free cancer screenings for adults age 40 and up*
- Gilda's Club Louisville . . . . . 583-0075
  - *Support for people with cancer and their families*
- American Diabetes Association (KY) . . . . . 452-2705
- Kentucky Tobacco Quit Line . . . . . 1-800-QUIT-NOW
- AIDS Services Center Coalition . . . . . 574-5490
- Adult Protective Services (APS) . . . . . 595-4803

## SENIOR HEALTH

- Information about services for seniors . . . . . 574-5092

## OTHER RESOURCES

- Metro Louisville MetroCALL (24 hours) . . . . . 311
- University of Louisville Hospital . . . . . 562-3000
- U of L Dental Clinic . . . . . 852-7660
- Kosair Children's Hospital . . . . . 629-6000
- Hospice of Louisville . . . . . 456-6200
- Louisville Free Public Library . . . . . 574-1611
- Legal Aid Society . . . . . 1-800-292-1862
  - *Legal assistance for low-income individuals*
- Louisville Metro Housing Authority . . . . . 569-3400
- Welfare (food stamps, Medicaid, AFDC) . . . . . 595-4238